

Mackerel

Lat. *Scomber scombrus*.



Product characteristics

Gradings whole round fish

600 gr. up
400-600 gr.
300-500 gr.
200-400 gr.

Gradings fillets

70-95
95-115
115-130
130-150
150-up

Packing styles

Hand laid
Semi hand laid
Jumble pack.

Processed

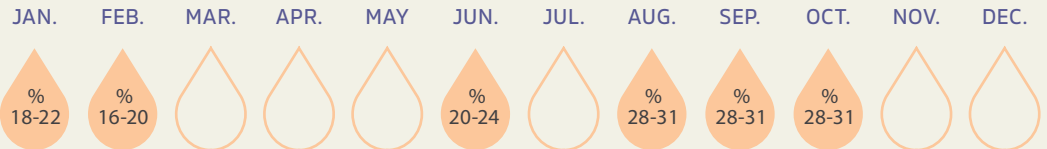
Fresh
Frozen

Carton size

5 kg
10 kg
12 kg
20 kg

Please contact us for custom made products.

Fat content



NUTRITION FACTS

Mackerel is an excellent source of vitamins A, D and B12. It has a high content of EPA and DHA (Omega-3) fatty acids. Exact values will vary according to fat content.

CATCHING METHODS

Purse seine
Trawl
Hooked